

# iThrive Yoga 200 Hour Immersion Program

**Immerse yourself in a single module or complete the full program. It's your practice & your choice!**



**STARTING JANUARY 2018 - RESERVE YOUR SPOT NOW!!!**

Our unique program has something for everyone! We are now offering our Yoga Immersion Program in modules! The updated program allows for your experience to be personal and customizable.

**Interested in personalizing your yoga experience while growing your practice?  
Choose the modules you want to participate in!**

## MEET TIMES:

### **MODULES 1-4:**

TUESDAYS & THURSDAYS – 5:30 – 9:00 P.M.

SATURDAYS – 12:00 – 5:00 P.M.

### **MODULE 5:**

TUESDAYS & THURSDAYS – 5:30 – 9:00 P.M.

SATURDAYS – 12:00 – 6:00 P.M.

SUNDAYS – 12:00 – 8:00 PM

**MORE INFO | APPLY ONLINE**

[ithriveyoga.com/call-303-840-5454](http://ithriveyoga.com/call-303-840-5454)

OUR TRAINING PROGRAMS ARE DESIGNED FOR PERSONAL GROWTH AS WELL AS STRENGTHENING YOUR SKILLS TO SHARE YOGA WITH OTHERS. WE HAVE MET THE STANDARD REQUIREMENTS AS OUTLINED IN THE YOGA ALLIANCE RYT 200 HOUR PROGRAM.

