



Welcome to iThrive Yoga!

We are thrilled that you are here. At iThrive Yoga you will find a warm and friendly community of people who are interested in improving their health and wellness. We hope you enjoy our serene environment where you can relax and renew your mind and strengthen and stretch your body.

Getting Started

We offer a variety of yoga and Pilates classes for beginners as well as advanced practitioners. If you are a new student, we would encourage you to try our New Student Package discount deal. This is a great way to explore several different classes so you can discover which ones are ideal for you. If you have any questions about which of our classes are a good fit for you, please just ask. We will be glad to help you!

Membership Privileges:

An iThrive Yoga Membership gives you access to all of our group yoga and Pilates classes as well as our infrared sauna and free admittance to some of our special events.

Membership Options	One-Month (Not Recurring)	Monthly Recurring (3 Months Minimum)
Individual (1 person)	\$129	\$99
Couple (2 people living in the same household)	\$169	\$129
Family (up to 4 people living in the same household)	\$199	\$159

*You only are allowed to do one Groupon or New Student Package deal. Once your discount deal has expired, it will be time for you to decide which membership you would like to purchase.

Other Payment Options:

Punch Card	Price	Details
10 class punch card	\$79	\$7.90/class – expires 30 days from date of purchase.

Drop-In	Price
Per Person	\$15

If a membership doesn't work for you at this time, you can pay our drop-in rate for a single class. However, an ongoing monthly membership is a much better value as shown in the table below:

Monthly Recurring	if you attend 3 classes each week your price per class is...	if you attend 4 classes each week your price per class is...	if you attend 5 classes each week your price per class is...
Individual (\$99)	\$7.60 (1 person)	\$5.70 (1 person)	\$4.60 (1 person)
Couple (\$129)	\$5.00 (2 people)	\$3.70 (2 people)	\$3.00 (2 people)
Family (\$159)	\$3.10 (4 people)	\$2.30 (4 people)	\$1.80 (4 people)

Thank You for Being Here!

Yoga is such an amazing gift to give to yourself! We look forward to getting to know you better and helping you with your health and fitness goals!

Warm Regards,

Beth Meier
Owner, iThrive Yoga